

PROFESSIONAL ONLINE TRAINING FOR MEDICAL & ALLIED
HEALTHCARE PROFESSIONALS IN LCHF FOR
OBESITY RISK & REVERSAL

Presented by national and international medical and allied healthcare experts in their field on the topic of obesity, the risks associated with it, and how LCHF/Ketogenic nutrition may be used in clinical practice to manage and reverse obesity and its associated conditions.

The course is presented as a series of online, self-study lectures

Each lecture includes:

- Topic outline, learning objectives and lecture summary
- Expert speaker presentation
- Downloadable resources and references for relevant journal articles and literature
- Quiz to assess what you've learned



Certificate and Continued Professional Development



Certificate

On completion of the course, participants will be issued with a **Certificate of Completion**. This module contributes towards certification as a **Nutrition Network Practitioner**.

Continued Professional Development (CPD)

This module has been accredited by The CPD Standards Office and is worth 12 CPD hours. We have been assured that the accreditation is recognized and respected internationally. Formal CPD Standards certificates are issued and accepted in a multitude of countries.

LECTURERS & TOPICS

Online training material on the clinical application of an LCHF diet for the prevention and reversal of obesity and insulin resistance, tailored to meet the needs of Medical & Allied Healthcare Professionals



PROFESSOR TIM NOAKES

Obesity & Diet: An Introduction



DR FRANK LIPMAN

Interview: Obesity & Lifestyle: Functional Medicine Models



DR HASSINA KAJEE

The Metabolic Effects of Adipose Tissue as an Endocrine Organ



DR ROBERT LUSTIG

Panel: Lessons from the COVID-19 Pandemic. A Model to Rebuild Health Structures



DR HOLDEN MACRAE

Obesity & Exercise



DR ROBERT CYWES

NAFLD: Pathophysiology & Clinical Manifestations



JAYNE BULLEN

Reversing the Obesity Epidemic: The Eat Better Model



DR NEVILLE WELLINGTON

Obesity & Diabetes



DR MARK CUCUZZELLA

Panel: Lessons from the COVID-19 Pandemic. A Model to Rebuild Health Structures



SONIA MOUNTFORD

Broken by Design



TAMZYN MURPHY, RD

Prevention & Management of Obesity in Childhood

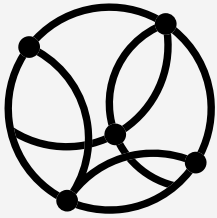


DR BRAIN LENZKES

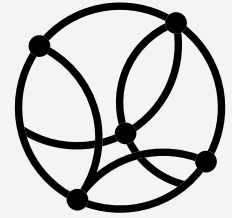
Interview: The Clinical Associations of Obesity

Includes a panel discussion around the impact that poor metabolic health has had on immunity globally and its association with COVID-19.

APPLY NOW! WWW.NUTRITION-NETWORK.ORG



ABOUT THE TRAINING



The content of this training has been reviewed by the
Nutrition Network **Medical Advisory Board**

Training format

The training is made up of:

- Video lectures, interviews & panel discussions, presenting
 - Physiology and scientific evidence
 - Practical clinical implementation guidelines of an LCHF diet for obesity-related applications
- Supporting documents, including:
 - The speakers' PowerPoint presentations
 - Reference lists
 - Patient education resources to use in your practice.

Timeline & testing

You may start the course at any time, and work through the content completely at your own pace.

Before being awarded your certificate:

- You will need to answer a quiz for each module/topic to test what you've learned.

Enrolment

Register for the course by visiting www.nutrition-network.org/apply-now/ and select 'OBESITY: RISK & REVERSAL' from the drop-down menu on the application. We will notify you whether your application has been successful.

If an existing Nutrition Network student, follow this link:

courses.nutrition-network.org/p/obesity

Who is eligible to do the course?

- Medical professionals
- Allied Healthcare Workers
- Nutrition Network Graduates

The majority of proceeds from this course will contribute towards The Noakes Foundation and the research work they are doing.

