

PROFESSIONAL ONLINE TRAINING FOR MEDICAL & ALLIED  
HEALTHCARE PROFESSIONALS IN LCHF FOR  
NEUROLOGICAL AND ASSOCIATED CONDITIONS

Presented by national and international medical and allied healthcare experts in their field on the topic of neurology, and how LCHF/Ketogenic nutrition may be used in clinical practice to manage and reverse neurological associated conditions.

**The course is presented as a series of online, self-study lectures**

### Each lecture includes:

- Topic outline, learning objectives and lecture summary
- Expert speaker presentation
- Downloadable resources and references for relevant journal articles and literature
- Quiz to assess what you've learned



### Certificate and Continued Professional Development



#### Certificate

On completion of the course, participants will be issued with a **Certificate of Completion**. This module contributes towards certification as a **Nutrition Network Practitioner**.

#### Continued Professional Development (CPD)

This module has been accredited by The CPD Standards Office and is worth 12 CPD hours. We have been assured that the accreditation is recognized and respected internationally. Formal CPD Standards certificates are issued and accepted in a multitude of countries.

# LECTURERS & TOPICS

Online training material on the clinical application of the LCHF or Keto diet for the prevention, treatment and reversal of neurological and associated conditions, tailored to meet the needs of Medical & Allied Healthcare Professionals



**JOAN IFLAND, PHD**

Neurophysiology of  
Sugar Addiction



**DR PAUL MASON**

Diet & Dementia



**DR MICHAEL HOFFMANN**

Food, Mood  
& Mind



**KATH MEGAW, RD**

Epilepsy



**DR NINA TSAKADZE**

Migraines, The  
Evidence



**DR IGNACIO CUARANTA**

Keto Psychiatry-  
Advantages on Stress  
Adaption



**DR GEORGIA EDE**

Metabolic Psychiatry:  
New Treatment for  
Mental Health



**ANGELA STANTON, PHD**

Migraines and  
Ketones & Migraines



**DR WILLEM MOSTERT**

Personal Perspective:  
Brain-Fit



**EMMA WILLIAMS**

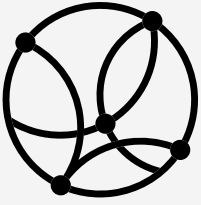
Personal Perspective:  
Matthew's Friends



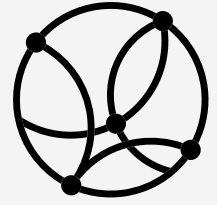
**TAMZYN MURPHY, RD**

Alzheimer's Disease

APPLY NOW! [WWW.NUTRITION-NETWORK.ORG](http://WWW.NUTRITION-NETWORK.ORG)



# ABOUT THE TRAINING



The content of this training has been reviewed by the  
Nutrition Network **Medical Advisory Board**

## Training format

The training is made up of:

- Video lectures, interviews & panel discussions, presenting
  - Physiology and scientific evidence
  - Practical clinical implementation guidelines of an LCHF diet for neurology-related applications
- Supporting documents, including:
  - The speakers' PowerPoint presentations
  - Reference lists
  - Patient education resources to use in your practice.

## Timeline & testing

You may start the course at any time, and work through the content completely at your own pace.

Before being awarded your certificate:

- You will need to answer a quiz for each module/topic to test what you've learned.

## Enrolment

Register for the course by visiting [www.nutrition-network.org/apply-now/](http://www.nutrition-network.org/apply-now/) and select 'NEUROLOGY' from the drop-down menu on the application. We will notify you whether your application has been successful.

If an existing Nutrition Network student, follow this link:

[courses.nutrition-network.org/p/neurology](http://courses.nutrition-network.org/p/neurology)

## Who is eligible to do the course?

- Medical professionals
- Allied Healthcare Workers
- Nutrition Network Graduates

*The majority of proceeds from this course will contribute towards The Noakes Foundation and the research work they are doing.*

