

# ADVANCING ETHICS

MORE OR LESS THAN JUST A COURSE; ADVANCING ETHICS IS A CALL TO ACTION FOR HEALTHCARE PROFESSIONALS TO RISE TO THE OCCASION AND CHAMPION ETHICAL PRACTICES IN AN ERA OF TRANSFORMATION.



## About

Advancing Ethics shares insights from some of the most respected voices in medicine, law, and nutrition. The curriculum tackles contemporary issues such as:

- The ethical implications of emerging treatments like ketogenic diets for cancer, bariatric surgery, and medications like Ozempic.
- How to ethically approach obesity and chronic disease treatment in children.
- Social media and virtual practice ethics, including how to navigate the challenges of practicing in an increasingly digital world.
- Protecting oneself legally as a healthcare practitioner while remaining true to ethical principles.

**This course builds on the foundation laid by our original Ethics Module, offering expanded content, fresh perspectives, and a lineup of renowned speakers from around the globe.**

## Training Overview

This course is ideal for healthcare providers, including doctors, nurses, physical therapists, and other clinicians who wish to empower themselves to reflect deeply on their ethical responsibilities and to navigate the systemic challenges within the medical field. By exploring key ethical principles and real-world scenarios, practitioners will gain the tools needed to uphold their values while providing the highest standard of care.



### Enrolment

Register by visiting [www.nutrition-network.org](http://www.nutrition-network.org) > Online Training tab > Advancing Ethics.



### Timeline

You may start the training at any time, and work through the content completely at your own pace.



### Supporting Documents

Topic outline, learning objectives and lecture summary

Expert speaker presentation

Downloadable resources and references for relevant journal articles and literature

Quiz to assess what you've learned

PowerPoint presentation



ONLINE, FLEXIBLE, SELF-PACED STUDY



# ETHICS

## Training Outline

### 1. Introduction

- Why Ethics?

### 2. Ethics in a Modern World

- Universal & Core Ethics – Joan Adams
- The Ethical Practitioner – Joan Adams
- Social Media Ethics – Joan Adams
- The Virtual Office – Joan Adams

### 3. Foundations of Medical Ethics

- Scope of Practice – Tamzyn Murphy, RD MSc
- Ethical Considerations for the Medical Professional – Dr. TroKalayjian, MD
- Ethical Challenges in Medical Practice – Dr. Brian Lenzkes, MD

### 4. Ethics in Specialized Medical Practices

- Ethics & Diagnostics – Bitten Jonsson, RN
- Ethical Considerations Surrounding Keto for Cancer – Miriam Kalamian, EdM, MS, CNS
- The Ethics of the Current Status of Metabolic Health Management in Children – Dr. Robert Cywes
- Navigating the Role of Alternative Medicine in Modern Healthcare – Dr. Nasha Winters, ND, FABNO

### 5. Legal and Professional Protection

- How to Protect Yourself Legally as a Healthcare Practitioner – The South African Perspective – Adam Pike, BA, LLB, LLM

### 6. Questioning and Critiquing Medical Science

- Questioning the Science – Prof. Tim Noakes, MBChB, MD, DSc

### 7. Conclusion

- Final Feedback Form

## Certification

On completion of the training, participants will be issued with a Certificate of completion. This module contributes towards certification as a Nutrition Network Practitioner.

Before receiving your certificate, you must complete a short quiz at the end of each lecture to test your knowledge.

Register today  
and take the first step  
toward advancing your  
ethical practice.

**\$402**

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## Lecturers



**Professor Tim Noakes**

A globally recognized authority in sports science, nutrition, and medical research, is an emeritus professor at the University of Cape Town and founder of The Noakes Foundation and Nutrition Network.



**Dr. Nasha Winters**

An integrative oncology expert and naturopathic doctor, is a globally recognized authority in combining conventional and alternative cancer treatments with a focus on patient-centred care.



**Dr. Brian Lenzkes**

A board-certified internal medicine physician, advocates for ethical clarity in medical practice, particularly within the evolving landscapes of patient autonomy, conflict of interest, and public health policy.



**Dr. Rob Cywes**

Also known as the “Carb Addiction Doc,” Dr. Cywes is a pediatric surgeon and metabolic health specialist with extensive experience in managing childhood metabolic diseases through dietary and medical interventions.



**Joan Adams**

An experienced attorney specializing in healthcare law and medical ethics. With a career spanning decades, she has advised healthcare professionals on legal compliance, risk management, and ethical decision-making.



**Bitten Jonsson**

Addiction specialist, and educator with extensive experience in the field of addiction recovery, specializing in sugar and food addiction treatment and diagnostics.



**Adam Pike**

Attorney of Law, is a legal expert with extensive experience in medical ethics and law, notably known for his role in Professor Tim Noakes’ HPCSA trial, advocating for practitioners’ rights in a regulatory environment.



**Tamzyn Murphy**

A registered dietitian with a master’s degree in Physiology (Dist.) and co-founder of Real Food Dietitians.



**Miriam Kalamian**

A certified nutrition consultant and educator, specializes in ketogenic diet therapies for cancer care.



**Travis Noakes**

A researcher specializing in digital victimology, cyberharassment, and the socio-political implications of dissent in health sciences.



**Dr. Tro Kalayjian**

A board-certified physician in internal and obesity medicine, is a leading expert in metabolic health and therapeutic carbohydrate restriction.

## Frequently Asked Questions

### When does the training start and finish?

The training starts now and never ends! It is a completely self-paced online training - you decide when you start and when you finish.

### How long do I have access to the training?

How does lifetime access sound? After enrolling, you have unlimited access to this training for as long as you like - across any and all devices you own.

### What if I am unhappy with the training?

We would never want you to be unhappy! If you are unsatisfied with your purchase, contact us in the first 30 days and we will give you a full refund. Please note that a refund will only be issued if 30% or less of the Training has been completed. This policy excludes Bundle Purchases. We do not issue full refunds on Bundle Purchases.

### Who is eligible to enrol in this training?

Anyone can enrol! You do not need to have done any previous Nutrition Network training.

### Will this training count towards my Nutrition Network Practitioner Certification?

YES! This is an elective module, of which you will need to complete 3 before progressing along the path to certification.

Find out more about our certification path at this link:

<https://nutrition-network.org/certification-pathways/>



All trainings are **online**



You may **start** at any time



Work through the course content at your **own pace**