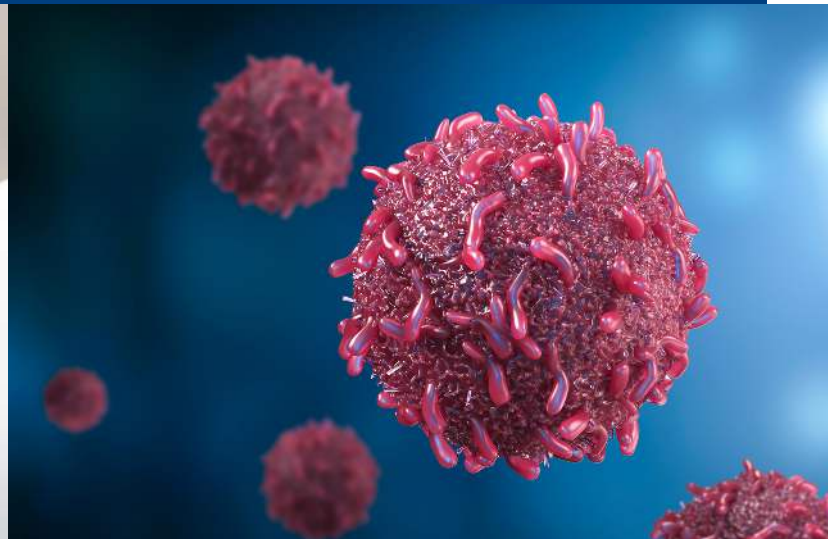


# CANCER: A METABOLIC DISEASE

An online training specifically designed for healthcare practitioners across all disciplines, including doctors, nurses, dietitians, health coaches nutritionists, and other allied health professionals.



Understand the mechanisms underlying cancer as a modern and metabolic disease while learning how to implement Therapeutic Carbohydrate Restriction (TCR) and fasting for cancer treatment, A training that provides the theory and the tools to understand, manage and treat cancer patients holistically.

## COURSE CONTENT

- Topic outline, learning objectives, and lecture summary
- Expert speaker presentation
- Questionnaire to test your understanding of each topic
- Downloadable toolbox of resources
- Reference lists for relevant journal articles and literature

## INVESTMENT & ENROLMENT

USD 365 / ZAR 4870  
To apply to enrol, visit  
[www.nutrition-network.org](http://www.nutrition-network.org)



**METABOLIC TERRAIN**  
**INSTITUTE OF HEALTH**



All trainings are **online**



You may **start** at any time

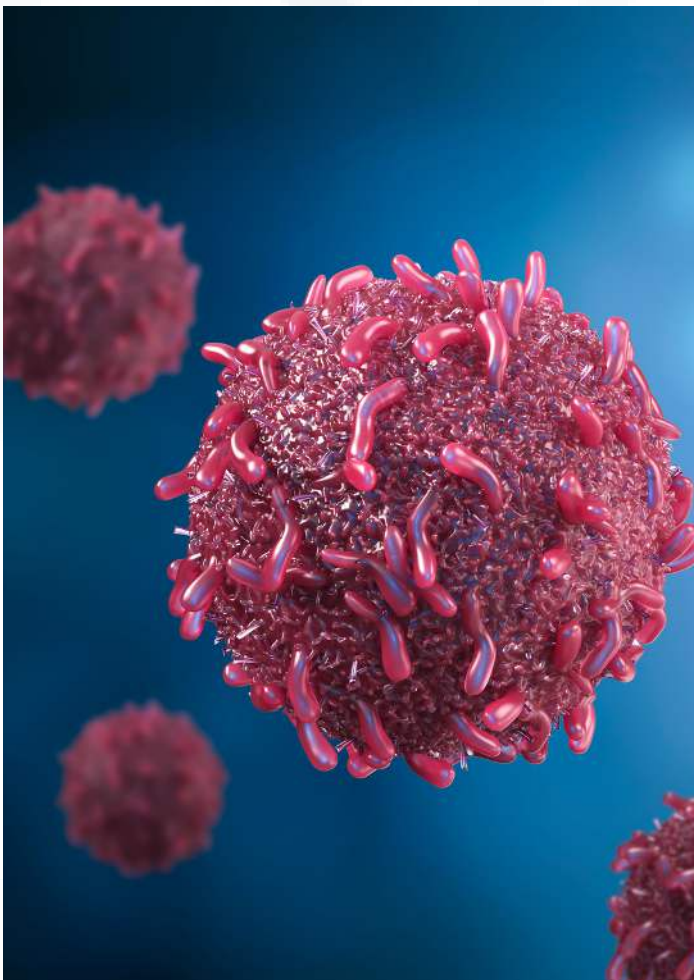


Work through the course content at your **own pace**

# TRAINING FORMAT

## Eligibility

- Participants should have a basic understanding of human anatomy and physiology, as well as a general understanding of nutrition and the role it plays in health and disease. They should also have an interest in learning about the latest research and science related to low-carb nutrition, particularly pertaining to the metabolic treatment of cancer
- Medical professionals
- Allied Healthcare Workers
- Nutrition Network Graduates
- Health Coaches



## Certificate

On completion of the training, participants will be issued with a Certificate of Completion. This module contributes towards certification as a Nutrition Network Practitioner.

## Continued Professional Development (CPD)

We anticipate that this module will receive full international accreditation with The CPD Standards Office. We have been assured that the accreditation is recognized and respected internationally. Formal CPD Standards certificates are issued and accepted in a multitude of countries.

**ONLINE, FLEXIBLE, SELF-PACED STUDY**



# LECTURERS & TOPICS

An online training presented by national and international medical and allied healthcare experts in their field,



Cancer as a modern disease

**PROFESSOR TIM NOAKES  
MEDICAL DIRECTOR OF NN**



Exploiting Cancer Metabolism with Cancer Management Using Press-Pulse

**DOMINIC D'AGOSTINO, PHD,  
RESEARCHER AND  
PROFESSOR**



Fasting and Chemotherapy

**MARTHA TETTENBORN,  
REGISTERED DIETITIAN**



Coaching and Cancer

**JANET OTTERSBERG,  
OCCUPATIONAL THERAPIST,  
LIFE COACH**



Unravelling the Connection Between Trauma and Health: A Somatic Psychotherapy Approach

**LESLEY CHORN,  
REGISTERED COUNSELLING  
PSYCHOLOGIST**



Interview: Implementation of modifiable Ketogenic Diets in Cancer

**MIRIAM KALAMIAN  
NUTRITION CONSULTANT,  
EDUCATOR AND AUTHOR**

# LECTURERS & TOPICS

Online training material on cancer as a modern and metabolic disease, implementing TCR and fasting for cancer treatment, and the tools to understand, manage, and treat your cancer patients holistically



**DR. NASHA WINTERS,  
NATUROPATHIC DOCTOR  
(ND) & AUTHOR**

Part 1: Cancer: An Integrative Metabolic & Terrain-Centric Approach

Part 2: Test to assess before you address in metabolic oncology

Part 3: Fasting for cancer: assessment & troubleshooting

Part 4: Integrative therapies to compliment a ketogenic diet for cancer management



**ALISON GANNETT, ANTICANCER  
PERSONALIZED NUTRITION  
COACH**

Implementation of dietary and other integrative strategies for the management of cancer: A Consultants perspective



The Optimistic Oncologist

**DR. WAFAA ABDEL-HADI, CLINICAL  
ONCOLOGIST,  
FUNCTIONAL MEDICINE,  
DOCTOR & RESEARCHER**



**ZOLTÁN CSERÉPY,  
OUNDER, MANAGING DIRECTOR,  
HEALTH EXPERT & COACH**

Deuterium depletion: a complementary therapeutic possibility for cancer.

# LECTURE OUTLINE

- 1. PROF. TIM NOAKES, EMERITUS PROFESSOR AND AUTHOR - CANCER AS A MODERN DISEASE**
- 2. DOMINIC D'AGOSTINO, PHD, RESEARCHER AND PROFESSOR - CANCER MANAGEMENT USING PRESS-PULSE KETOGENIC METABOLIC THERAPY**
- 3. DR. NASHA WINTERS, NATUROPATHIC DOCTOR (ND) & AUTHOR - CANCER: AN INTEGRATIVE METABOLIC & TERRAIN-CENTRIC APPROACH**
- 4. DR. NASHA WINTERS, NATUROPATHIC DOCTOR (ND) & AUTHOR - TEST TO ASSESS BEFORE YOU ADDRESS IN METABOLIC ONCOLOGY**
- 5. DR. NASHA WINTERS, NATUROPATHIC DOCTOR (ND) & AUTHOR - FASTING FOR CANCER: ASSESSMENT & TROUBLESHOOTING**
- 6. DR. NASHA WINTERS, NATUROPATHIC DOCTOR (ND) & AUTHOR - INTEGRATIVE THERAPIES TO COMPLIMENT A KETOGENIC DIET FOR CANCER MANAGEMENT**
- 7. MARTHA TETTENBORN, REGISTERED DIETITIAN - FASTING & CHEMOTHERAPY**
- 8. JANET OTTERSBERG, OCCUPATIONAL THERAPIST, LIFE COACH - COACHING & CANCER**
- 9. LESLEY CHORN, REGISTERED COUNSELLING PSYCHOLOGIST - UNRAVELLING THE CONNECTION BETWEEN TRAUMA AND HEALTH: A SOMATIC PSYCHOTHERAPY APPROACH**
- 10. INTERVIEW WITH MIRIAM KALAMIAN, NUTRITION CONSULTANT, EDUCATOR - IMPLEMENTATION OF MODIFIABLE KETOGENIC DIETS IN CANCER**
- 11. ALISON GANNETT, PERSONALIZED NUTRITION COACH - IMPLEMENTATION OF DIETARY & OTHER INTEGRATIVE STRATEGIES FOR THE MANAGEMENT OF CANCER: A CONSULTANT PERSPECTIVE**
- 12. INTERVIEW WITH DR. WAFAA ABDEL-HADI, CLINICAL ONCOLOGIST, FUNCTIONAL MEDICINE, DOCTOR & RESEARCHER - THE OPTIMISTIC ONCOLOGIST**
- 13. ZOLTÁN CSERÉPY, FOUNDER, MANAGING DIRECTOR, HEALTH EXPERT & COACH. DEUTERIUM DEPLETION: A COMPLEMENTARY THERAPEUTIC POSSIBILITY FOR CANCER.**