



ONLINE TRAINING

Advancing **Ethics**

For Medical and Allied Healthcare Professionals

This course provide clarity on all of these topics, to give practitioners peace of mind that they will be safe in the actions they take. We also tackle some difficult areas that medical professionals navigate, such as how to treat anomalous cases, when to refer and when not to do invasive procedures. This is the fine line many tread in making these calls daily – we aim to advise on how to do this with ethics and dignity in check

FULLY ACCREDITED BY THE SOUTH AFRICAN MEDICAL ASSOCIATION FOR 15 ETHICS CPD POINTS

15 CPD
HOURS OF LEARNING

Self-Paced

ABOUT THIS TRAINING

The Advancing Ethics module addresses the major ethical dilemmas in modern healthcare, equipping practitioners with the knowledge to navigate complex decisions with confidence. It explores topics such as technological advancements, alternative treatments, and patient trust, emphasizing the growing importance of ethics in medicine. Industry experts provide valuable insights to help healthcare professionals, including doctors, dietitians, nutritionists, nurses, and health coaches—understand and uphold their ethical responsibilities.

The training is delivered as online, self-study modules, allowing for flexible learning.

ADDRESSING CONTEMPORARY ISSUES SUCH AS:

The ethical implications of emerging treatments like ketogenic diets for cancer, bariatric surgery, and medications like Ozempic.

How to ethically approach obesity and chronic disease treatment in children.

Social media and virtual practice ethics, including how to navigate the challenges of practicing in an increasingly digital world.

Protecting oneself legally as a healthcare practitioner while remaining true to ethical principles.

This course is ideal for healthcare providers, including doctors, nurses, physical therapists, and other clinicians who wish to empower themselves to reflect deeply on their ethical responsibilities and to navigate the systemic challenges within the medical field. By exploring key ethical principles and real-world scenarios, practitioners will gain the tools needed to uphold their values while providing the highest standard of care.



LECTURERS & TOPICS

**Professor Tim Noakes**

A globally recognized authority in sports science, nutrition, and medical research, is an emeritus professor at the University of Cape Town and founder of The Noakes Foundation and Nutrition Network.

**Bitten Jonsson**

Addiction specialist, and educator with extensive experience in the field of addiction recovery, specializing in sugar and food addiction treatment and diagnostics.

**Dr. Brian Lenzkes**

A board-certified internal medicine physician, advocates for ethical clarity in medical practice, particularly within the evolving landscapes of patient autonomy, conflict of interest, and public health policy

**Nasha Winters**

An integrative oncology expert and naturopathic doctor, is a globally recognized authority in combining conventional and alternative cancer treatments with a focus on patient-centred care

**Dr. Rob Cywes**

Pediatric surgeon and metabolic health specialist with extensive experience in managing childhood metabolic diseases through dietary and medical interventions.

**Miriam Kalamian**

A certified nutrition consultant and educator, specializes in ketogenic diet therapies for cancer care.

**Travis Noakes**

A researcher specializing in digital victimology, cyberharassment, and the socio-political implications of dissent in health sciences.

**Dr. Tro Kalayjian**

A board-certified physician in internal and obesity medicine, is a leading expert in metabolic health and therapeutic carbohydrate restriction.

**Adam Pike**

Attorney of Law, is a legal expert with extensive experience in medical ethics and law, notably known for his role in Professor Tim Noakes' HPCSA trial, advocating for practitioners' rights in a regulatory environment.

**Joan Adams**

An experienced attorney specializing in healthcare law and medical ethics. With a career spanning decades, she has advised healthcare professionals on legal compliance, risk management, and ethical decision-making.

**Tamzyn Murphy**

Registered Dietitian

LECTURE OUTLINE

Content reviewed by the Nutrition Network Medical Advisory Board

TOPIC	LECTURER
What is Ethics	
2. ETHICS IN A MODERN WORLD	
Universal & Core Ethics	Adv Joan Adams
The Ethical Practitioner	Adv Joan Adams
Social Media Ethics	Adv Joan Adams
Virtual Office	Adv Joan Adams
3. FOUNDATIONS OF MEDICAL ETHICS	
Scope of Practice	Tamzyn Murphy, RD MSc
Ethical Considerations for the Medical Professional	Dr. TroKalayjian, MD
Ethical Challenges in Medical Practice	Dr. Brian Lenzkes, MD
4. ETHICS IN SPECIALIZED MEDICAL PRACTICES	
Ethics & Diagnostics	Bitten Jonsson
Ethical Considerations Surrounding Keto for Cancer	Miriam Kalamian, EdM, MS, CNS
The Ethics of the Current Status of Metabolic Health Management in Children	Dr. Robert Cywes
5. LEGAL AND PROFESSIONAL PROTECTION	
How to Protect Yourself Legally as a Healthcare Practitioner	Adam Pike, BA, LLB, LLM
Cyber Harassers, Academic Bullies & You	Travis Noakes
6. QUESTIONING AND CRITIQUING MEDICAL SCIENCE	
Questioning the Science	Prof Tim Noakes
Navigating the Role of Alternative Medicine in Modern Healthcare	Dr. Nasha Winters, ND, FABNO

HOW THE COURSE WORKS

EACH LECTURE INCLUDES

- Topic outline, learning objectives and lecture summary
- Expert speaker presentation
- Downloadable resources and journal article references
- Quiz to assess what you have learned

TRAINING MATERIALS

- Video lectures, interviews and panel discussions
- Physiology and scientific evidence
- Practical clinical implementation guidelines
- Screening and assessment tools
- Speaker presentations and reference lists
- Patient education resources

ACCREDITATION

CERTIFICATE OF COMPLETION

- On completing the training, you will be issued a Certificate of Completion. This module contributes towards certification as a Nutrition Network Practitioner.

CPD STANDARDS ACCREDITATION

- This module is submitted for full international accreditation with The CPD Standards Office. Certificates are recognised across a wide range of

WHO IS THIS TRAINING FOR?

ELIGIBLE PARTICIPANTS

- Medical professionals
- Allied healthcare workers
- Nutrition Network graduates
- Nutritionists and dietitians
- Health and wellness coaches



Ethics 2.0

The training has also been accredited by the South African Medical Association and is worth 15 Ethics CPD points. Official Ethics CPD points are provided on request on completion of the training.

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